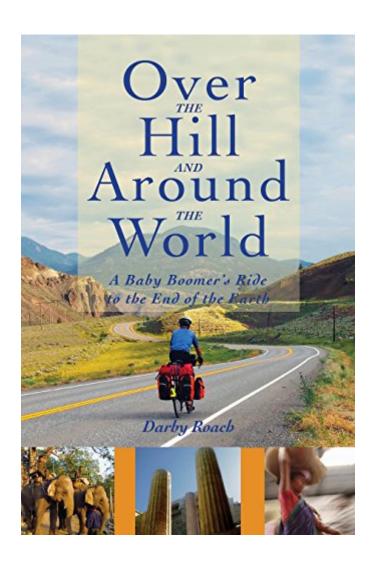


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Over The Hill And Around The World: A Baby Boomer's Ride To The End Of The Earth





Synopsis

Thereââ ¬â,,¢s something about starting the day on a bike. Thereââ ¬â,,¢s a feeling of optimism and adventure and the sense that anythingââ ¬â,,¢s possible and nothingââ ¬â,,¢s for sure. Itââ ¬â,,¢s quiet, and the air is pure like scentless perfume. The dust hasnââ ¬â,,¢t kicked up yet, and itââ ¬â,,¢s so clear that you can see forever. Whizzing past in a car, you get a rough idea of what itââ ¬â,,¢s like but youââ ¬â,,¢re separated from the world by so many layers that you never get a real feel for the landscape. Cycling lets you tap into the true nature of a place and experience it with your soul. The sun on your face, the beckoning horizon and the rhythm of your breathing all conspire to fill you with the simple joy of being alive and on the road. Share in this real life, round-the-world adventure today!

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Customer Reviews

I've read several books about cycling across the country or around the world. Many of them go into too much detail about everything they do or experience. This book is interesting and gives you

highlights instead of boring you. I met a cyclist who has cycled the U.S. Perimeter and continued to Europe. I follow him and his 22,000 miles of cycling with great interest. I recommend this book to him. I've also hosted a German and an English cyclist crossing the U.S. The stories they share are great. Darby Roach's story is every bit as good. I recommend this book to anyone with an interest in adventure and cycling.

This book could have used a denouement. He reaches the end of his journey and I guess he must have gotten tired of writing. There's at least another chapter that could have been written about his return to Seattle. He returned a changed man, he said. How did that changed man fit in with his family, etc.? How did he manage the wanderlust he'd developed? But there are many good stories in this book. Mr. Roach had many wonderful and a few terrifying adventures. So despite what I see as a journalistic lack of balance, I would still recommend this book for a long flight or any idle time you should find, so rare for most of us in this day and age.

Darby Roach's book as a satisfying little story that relates the small triumphs and small tragedies of the author's round the world bicycling adventure. I liked its pace. I was a little disappointed with the absence of more descriptive history of the exotic locales the author visited. I also expected some larger insight about the trip's ultimate purpose and life philosophy take away. It was not there in anything more than a superficial fashion. Still, the book entertained even if not in the way I anticipated. Hence, for me a solid three star, three and a half star effort.

I really enjoyed this book. In fact, I've told several people about it.My wife and I ride our bikes on weekends. 42 miles in one day is our maximum. Darby takes cycling to another level, beyond what we are capable - or willing - to do. He began his trip, doing about 40 miles a day (our max), and as he progressed he was able to improve upon that considerably. I was quite impressed with his story, riding through some truly brutal, windy, treeless landscape in the Montana and the Dakotas. I also enjoyed reading about his travels in Europe, especially in Germany and Austria. I suppose that in stories like this, the goal is traveling. As Marlon Brando said, in "The Wild Ones", "I don't know where we are going, we're just going." In this case you could say, "I don't know why we're racking up the miles, we're just racking."

If you've ever been on a long bike trip, you'll find plenty of reminders of the sorts of experiences that seem especially true for the two-wheeled adventurer. How a stranger can become a friend just

when you need one, how the best-laid plans often must be tossed aside in the changing face of reality as expressed in weather, topography, moods, or any number of other unexpected factors that turn travel into discovery. Even if you haven't done any bike touring, the stories in this book will light the fire that launches your own odysseys. With so much of our knowledge of the world reaching us only after having been filtered though the various media, there really is no substitute for getting out there in person to find that there is a lot more goodness than ill to be found and enjoyed throughout our planet. I enjoyed this book right through to its end.

Loved this book about the adventures of a 62 year old baby boomer traveling around the world on his bicycle. I'm always fascinated when people take on a challenge. It was a very easy, fun read. The author has a sweet sense of humor and loved reading about the different countries he traveled through. Amazing feat! When it was time for my pick of a book to read for our book club I chose this book. When we met I had a world map in place and we all pinned the places we had been throughout the world. We wanted to see if our pins would make a path around the world. We had some gaps but I must say we all have been to quite a few countries and continents. Happy Reading!

Excellently written story of a man seeking to find answers to life's questions via an athletic bicycle ride around the globe. Readable, interesting and inspiring, a recommendation for any who enjoy personal challenges and adventure.

All expectations were more than met.

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